

Supplementary Tools for Highlighting Issues for Coaching for Musicians
Self-Assessment Questionnaires

Music Skills

The purpose of this questionnaire is to identify areas which are in need of attention

How satisfied are you with the following skills at this time?

Rank from 1 to 5 (5=very satisfied)

	Rank	Action Required
		Yes/No
1. PROFICIENCY		
Develop proficiency with your chosen instrument		
2. PRACTICE		
Establish a disciplined practice routine		
3. EDUCATION		
Keep up with and stay focused on your selected class or course		
4. PERFORMANCE		
Develop the capacity to be an effective performer		
5. PERFORMANCE ANXIETY		
Learn to cope with performance anxiety. If relevant		
6. SUPPLEMENTARY MUSIC SKILLS		
Depending on the career in music, which you choose, other skills such as composing, songwriting, voice training, proficiency in other musical instruments will become important for you		
7. MUSICAL AWARENESS		
An awareness of where your activities fit into broad-spectrum of music is an important perspective to have		
8. CONTINUING PROFESSIONAL DEVELOPMENT		
Music is no different from other walks of life where, these days it is necessary to update skills on a continuous basis.		
9. ACILLARY MUSIC ACTIVITIES		
Be up to speed in the activities you wish to be involved in		
10. CALRITY OF VISION		
Have you a clear sense of direction of what you want to do in music		
11. OTHER		
A skill which is important to you, which may not have been included above		