

Supplementary Tools for Highlighting Issues for Coaching for Musicians

Self-Assessment Questionnaires

Purpose and Motivation

The answers to the questions above should enable you to determine why you are pursuing an interest in music and the extent to which you are committed to maximising your potential.

Why are you involved in music?	Please tick one or more of the boxes
To make the Big Time	
To travel and see the world	
To work as a musician	
To be a music teacher	
To be involved in making music with others	
As part of a band/group/ensemble/orchestra	
To have a full-time career	
To have a part-time career	
To test the limits of what is possible for me	
To be involved in music support activities	
To entertain my family and friends	
For my personal satisfaction	
To get into music school	
To get my grades	
To please someone else	

How motivated are you?	Please tick one of the boxes
I am passionately interested in music	
I am prepared to work hard at my music	
I like my music	
I can take it or leave it	
I am not motivated	

Please rate how motivated you feel on a scale of 1 to 5 (5=very motivated)	
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