

# Supplementary Tools for Highlighting Issues for Coaching, for Musicians

## Self-Assessment Questionnaires

### Non-Music Skills

*The purpose of this questionnaire is to identify areas which are in need of attention*

How satisfied are you with the following skills at this time?

Rank from 1 to 5 (5=very satisfied)

	Rank	Action Required Yes/ No
<b>1. MANAGING YOUR EDUCATION</b>		
Picking the right course and staying up-to-date		
<b>2. MANAGING YOUR CAREER</b>		
Knowing what you want to do, which is realistic for you and knowing how you're going to get there		
<b>3. MANAGING TECHNOLOGY</b>		
There are many different facets of technology, knowledge of which is now essential for a successful career in music		
<b>4. PROMOTING YOURSELF</b>		
In order to succeed music you need to be able to sell/promote yourself, or else have someone to do it for you		
<b>5. SKILLS FOR THE ROAD</b>		
Many musicians spend considerable periods of time on the road and there are many skills they require in order to thrive		
<b>6. MANAGING YOUR MONEY</b>		
Many musicians are self employed and a basic knowledge of planning and book-keeping will serve them well		
<b>7. CONTINUING PROFESSIONAL DEVELOPMENT</b>		
As well as keeping up with developments in music is also necessary keep up with developments in some of the skills listed above		
<b>8. MENTAL SKILLS</b>		
These involve the manner in which you deal with your thoughts, feelings and beliefs and the extent to which you are confident and well motivated.		
<b>9. MANAGING YOUR LIFE</b>		
Having firm foundations on which to build your life/career		
<b>10. OTHER</b>		
A skill which is important to you, which is not included above		